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## The Sheer Ecstasy of Being a Lunatic Farmer

By Joel Salatin

Polyface. Paperback. Condition: New. 300 pages. Dimensions: 8.9in. x 6.0in. x 1.0in. Foodies and environmentally minded folks often struggle to understand and articulate the fundamental differences between the farming and food systems they endorse and those promoted by Monsanto and friends. With visceral stories and humor from Salatin's half-century as a lunatic farmer, Salatin contrasts the differences on many levels: practical, spiritual, social, economic, ecological, political, and nutritional. In today's conventional food-production paradigm, any farm that is open-sourced, compost-fertilized, pasture-based, portably-structured, solar-driven, multi-speciated, heavily peopled, and soil-building must be operated by a lunatic. Modern, normal, reasonable farmers erect No Trespassing signs, deplete soil, worship annuals, apply petroleum-based chemicals, produce only one commodity, erect Concentrated Animal Feeding Operations, and discourage young people from farming. Anyone looking for ammunition to defend a more localized, solar-driven, diversified food system will find an entire arsenal in these pages. With wit and humor honed during countless hours working on the farm he loves, and then interacting with conventional naysayers, Salatin brings the land to life, farming to sacredness, and food to ministry. Divided into four main sections, the first deals with principles to nurture the earth, an idea mainline farming has never really endorsed. The second...



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