



The Stillness-Centered Drum Circle (Paperback)

By Karenn S Miller

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The Stillness-Centered Drum Circle invites the reader into the true magic of drum circling. Stillness is the blank canvas that exists behind, around and through a magical circle for drumming. Within the space of the circle, there is abundant room for play, exploration, journey, discovery and connection. This book details ingredients of a drum circle, the sequence of an energetic arc for effective drum circling, the role of both dance and drum as conduit for the beat, and the nature of drum circle leadership, followership and connectedness. The most beautiful part of drum circling is realizing that everything you need is found within.



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