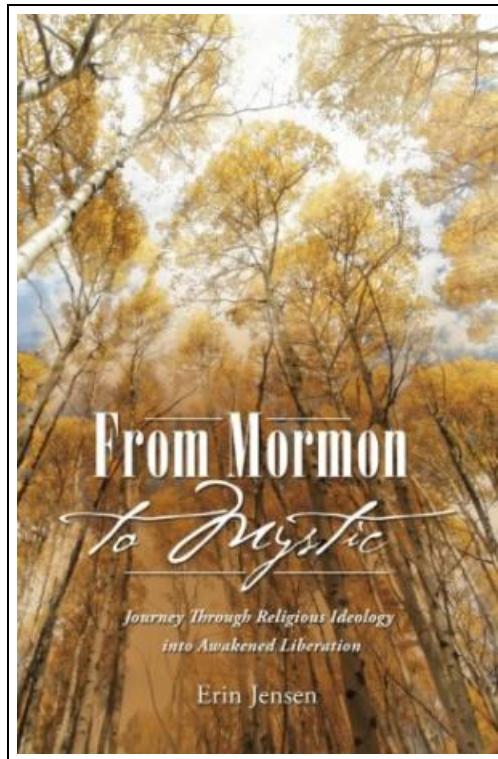


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Balboa Press, United States, 2014. Paperback. Book Condition: New. 216 x 142 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. From Mormon to Mystic: Journey from Religious Disillusionment to Soulful Liberation chronicles the journey of a sixth-generation Mormon woman. She travels a path that takes her from a tightly knit and theologically strict religious community to the open expanses of a mystical understanding of reality. Erin Jensen weaves together the account of her transformation and the strands of insight that come from James Fowler's Stages of Faith. By rooting her narrative in the vivid details of the steps she takes along the way, the author tells how she weathers her life's challenges, including a federal court witch trial, and emerges from the depths of several dark nights of the soul. While From Mormon to Mystic immerses itself in the details of one life, it simultaneously offers guidance for anyone seeking to overcome the strictures of rigid systems of belief and behavior. In its pages, the reader will learn how to make his or her way toward freedom and wholeness by understanding how faith develops, learning to work with shadow qualities, practicing non-attachment, taking personal responsibility, trusting one's ability to choose, appreciating the power of total forgiveness, connecting to inner sources of wisdom, and embracing a state of consciousness filled with hope, love, and peace. From Mormon to Mystic: Journey from Religious Disillusionment to Soulful Liberation offers both a narrative of one woman's path to spiritual freedom and a guide for others who seek their own way from the confines of their current circumstances to the liberation they desire to envision for the own futures.

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