



Crystal Awareness (Paperback)

By Catherine Bowman

Llewellyn Publications,U.S., United States, 2002. Paperback. Condition: New. Language: English . Brand New Book. Now you can learn the secrets of crystals and how to use them for meditation, healing, and personal energy by reading Crystal Awareness by Catherine Bowman. Virtually everything you need to know about crystals is included. That s why over 130,000 people already have this book. You should have it, too! First, you will learn about the basic nature of crystals. You ll learn what they re made of and their different forms. You ll also learn about the different powers of each. What type of crystal should you use when doing healings? How can you use clusters of crystals? What are the differences between small crystals and large ones? The answers are all found in Crystal Awareness. More than anything, this book is practical. You ll learn how crystals have energy fields and how they can interplay with your personal energy fields. This book explains how to use crystals in meditation and how they can open you to deeper personal awareness as your meditations go deeper than ever before. Included is information on the effect of working with color and crystals when meditating. Crystal Awareness...



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