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## Wisdom of the Twelve Steps - I: 1st Step Workbook

By David Walton Earle Lpc

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. Workbook. 280 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Wisdom of the Twelve Steps is a series of workbooks to assist the recovering community on their journey toward peace and serenity. Learn from the story, explanations, exercises, and meditations. After reading, answer the thought provoking questions designed to nudge you toward new discoveries and the wonders of the Twelve Steps. In the fearless pursuit of happiness, many people find stress relief when they look inwardly to find their strength. One of the best stress relievers is working a 12 -Step Program such as AA, NA, Al-Anon, Adult Children of Alcoholics, etc. Other self-help books available are: Love is Not Enough, What To Do While You Count to 10, Gilligan's Notes, and Simple communications for Complicated People. Enjoy inspirational poetry when reading Professor of Pain, Iron Mask, and Red Roses n Pinstripes. All of these self-help books are helpful in marriage improvement, marriage counseling, and those who are addicted to love. The Wisdom of the Twelve Steps includes quotations about happiness, love, serenity, and joy. These workbooks fits well with those who...


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