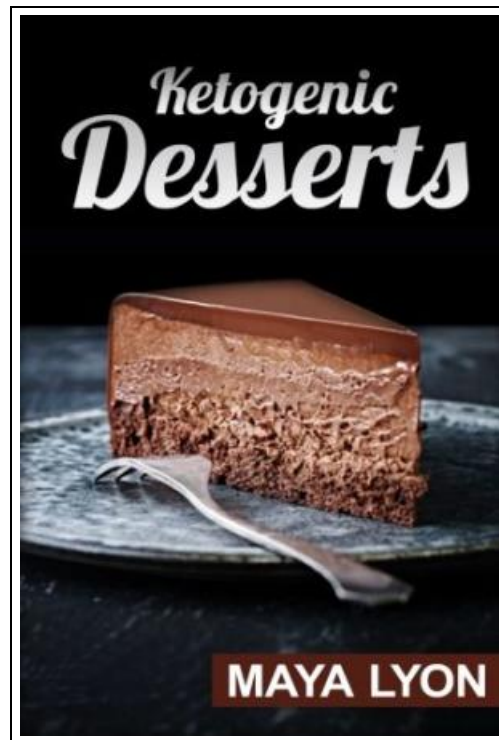


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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Fall in love with the Sweet, Creamy, Crispy, Crunchy, Melty textures of these Desserts, Fat Bombs and Cookies without having to worry about sugar and carbs. Welcome to the Most Delicious and Enjoyable way to Lose Weight fast and stay in Fantastic Shape! Who says low carb means no sweets?? I find ways to add a little sweetness into my life every day! In fact, these Ketogenic Desserts are way better than sugar filled ones, just try one recipe and you ll be hooked! The recipes included in this book are naturally Low Carb, Gluten Free and the EASIEST way to meet your 75 healthy fat ratio throughout the day. These desserts fat bombs are quick, simple and satisfying. They are also packed full of metabolism-boosting and belly-fat-burning goodness! Not to mention the added micro-nutrients, vitamins, minerals and superfoods in some of these indulgent little recipes. Here Is A Preview Of The Delicious Recipes You Will Find In This Book: All-stars Peanut-Butter CookiesAlmond Chocolate BrowniesCarrot Flowers MuffinsCoconut Jelly CakeCottage Pumpkin Pie Ice CreamHemp and Chia Seeds CreamKETO Chocolate BrowniesRaspberry Chocolate CreamKeto Hazelnuts Chocolate CreamKeto Instant Coffee Ice CreamSinless Pumpkin Cheesecake MuffinsKeto Mouse ChocolateRaw Cacao Hazelnut CookiesTartar Keto CookiesKeto Strawberry PuddingMinty Avocado Lime SorbetMorning Zephyr CakeSour Hazelnuts Biscuits with Arrowroot TeaWild Strawberries Ice CreamMini Lemon CheesecakesChocolate Layered Coconut CupsPumpkin Pie Chocolate CupsFudgy Slow Cooker CakeEasy Sticky Chocolate FudgeCinna-Bun BallsVanilla Mousse CupsEach recipe has a FULL Nutritional Breakdown so you can keep track of your calories. So let s start trimming off that weight right away! Start your journey to ultimate health and vitality today!.


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