



Long Distance: Testing the Limits of Body and Spirit in a Year of Living Strenuously

By Bill McKibben

Audible Studios on Brilliance, 2016. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. In his late 30s, celebrated essayist, journalist, and author Bill McKibben - never much of an athlete - decided the time had come for him to really test his body. Cross-country skiing his challenge of choice, he lived the fantasy of many amateur athletes and trained - with the help of a coach/guru - nearly full-time, putting in hours and miles typical of an Olympic hopeful. For one vigorous year, which would culminate in a series of grueling, long-distance races, McKibben experienced his body's rhythms and possibilities as never before. But the year also brought tragedy to McKibben and his family as his father developed a life-threatening illness. Forcing a deeper exploration of both body and spirit, the arrival of this illness transforms McKibben's action-packed memoir into a moving account of two men coming to terms with the limits of the flesh. The author of such impassioned and groundbreaking books as *The End of Nature* and *The Age of Missing Information*, Bill McKibben is re-nowned as an original thinker. Here, writing with his trademark honesty and insight, he once again creates a provocative and...



READ ONLINE
[4.34 MB]

Reviews

This pdf may be worth acquiring. It can be written in easy words and phrases and not hard to understand. I am pleased to tell you that this is basically the finest book I have read through during my personal existence and might be the greatest pdf for at any time.

-- **Jeffry Tromp**

These kinds of pdf is the greatest ebook accessible. It is one of the most amazing ebook I have got go through. Your life span will likely be transform once you comprehensive reading this article publication.

-- **Santa Lowe**

Relevant Kindle Books



Kindergarten Culture in the Family and Kindergarten; A Complete Sketch of Froebel s System of Early Education, Adapted to American Institutions. for the Use of Mothers and Teachers

Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can download a free scanned copy of the original...



Decameron and the Philosophy of Storytelling: Author as Midwife and Pimp (Hardback)

Columbia University Press, United States, 2005. Hardback. Book Condition: New. New.. 236 x 155 mm. Language: English . Brand New Book. In this creative and engaging reading, Richard Kuhns explores the ways in which Decameron s sexual themes lead into philosophical inquiry, moral...



Billy's Booger: A Memoir (sorta)

Atheneum. 1 Cloth(s), 2015. hard. Book Condition: New. From what might not sound like the most promising title (at least to grown-ups), William Joyce introduces readers 6 to 8 to his younger self Billy Joyce, a "most challenging student" (his principal's words)...



The Picture of Dorian Gray (Wisehouse Classics - With Original Illustrations by Eugene Dete)

Wisehouse Classics, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.THE PICTURE OF DORIAN GRAY is a philosophical novel by the writer Oscar Wilde, first published complete in the...



Weebies Family Halloween Night English Language: English Language British Full Colour

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Children s Weebies Family Halloween Night Book 20 starts to teach Pre-School and Junior Children how to read with this...



Children s Handwriting Book of Alphabets and Numbers: Over 4,000 Tracing Units for the Beginning Writer

Createspace, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.The Children s Handwriting Book of Alphabets and Numbers provides extensive focus on alphabet tracing and number tracing for the...