



## Adventure Handbook: Explore, Create, Learn Play Outside! (Hardback)

By Gav Shell Grayston

Mountaineers Books, 2017. Hardback. Condition: New. Language: English . Brand New Book. - From backyard to wilderness, activities for different settings, climates, and weather - Features both practical and creative missions to engage learning and playing Aimed at outdoor adventurers ages six and up, the Adventure Notebook features more than 20 ways to creatively explore the outdoors. Entertaining year-round activities help kids learn how to plan their own adventures, take care of themselves in the wild, and discover new skills--from map-making and knot-tying to identifying animal tracks and nighttime constellations. A range of adventures are organized for Exploration (such as collecting natural treasures), Creation (making and cooking with a campfire), Knowledge (what to pack), and Play (hide-and-seek geocaching). Clear instructions, including full-color photos and informative illustrations, guide readers through each activity, step-by-step, while tips throughout encourage parents to get involved with their kids outdoors. Blank journaling pages inspire kids to record each adventure through words and art; at the end of the book, they will have a colorful and unique family keepsake! Whether playing in the backyard, hiking a nearby trail, or visiting a national park, this fun-filled guide inspires kids to get outside and explore the great outdoors.



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